

# THE NEUROPSYCHOLOGY OF TRAUMA

MONDAY 12 NOVEMBER 2018



**Dr Donna Nitschke**

*Educational  
Neuroscientist in the  
classroom, DECD*

## ALL STAFF

### Pre-school, Junior Primary, Primary and Secondary Schools incl. Special Ed

This workshop is suitable for all staff working in pre-school and schools across the three education sectors in South Australia. It is an ideal opportunity for a team from the school to attend in order to share information and apply strategies more effectively in the school environment.

*"Trauma is not the event but the reaction to the event. A traumatic reaction is one where the body's primitive defence mechanisms are activated – stress hormones flood the system as the person prepares for fight, flight or freeze. We are beginning to understand that repeated trauma responses, without the chance of recovery in between, are what most likely leads to Post-traumatic Stress Disorder" Dr Nicole Milburn, Clinical Psychologist and Infant Mental Health Consultant.*

**This workshop is suitable for all pre-school and school-based staff who work with students who have experienced trauma, especially during their early years of life.** Learning outcomes include:

- Understanding the effects that early childhood trauma can have on the developing brain
- An awareness of how these effects can impact learning
- Understanding the importance of attachment and trust to social interactions
- The exploration of a range of adaptations and management approaches that can support teachers and students when dealing with students with a trauma background within a classroom

Certificates will be provided that include reference to the Teacher Standards that apply to this workshop:

- ✓ **1.1 Physical, social and intellectual development and characteristics of students:** Select from a flexible and effective repertoire of teaching strategies to suit the physical, social and intellectual development and characteristics of students
- ✓ **4.1 Support student participation:** Model effective practice and support colleagues to implement inclusive strategies that engage and support all students.

## ABOUT THE PRESENTER

Dr. Donna Nitschke has a long established career in the field of education. This has included teaching at all levels – primary and secondary schools, TAFE and university. She has also worked for several specialist educational organisations, and was the senior project officer for the Ministerial Advisory Committee; Students with Disabilities. Donna's PhD explored cognitive neuroscience and behavioural psychology to help all students improve their personal learning skills. Donna currently implements her program as Coordinator, Neuroscience in the Classroom, across a group of 4 Adelaide schools.



Learning 4 All

Venue: The Highway  
290 Anzac Highway  
Plympton

[www.learning4all.com.au](http://www.learning4all.com.au)

**DATE: MONDAY 12 NOV 2018**  
**TIME: 9.00AM - 3.30PM**  
**COST: \$145**  
**VENUE: THE HIGHWAY**

**REGISTER: [learning4all.com.au](http://learning4all.com.au)**

*Registrations close Wednesday 07/11/2018*

Tea and coffee on arrival, morning tea and lunch provided.  
Free onsite parking available.