

# BEHAVIOUR

Why we do what we do from the  
brain's perspective

MONDAY 21 OCTOBER 2019



**Dr Donna  
Nitschke**

*Teacher and  
Educational  
Neuroscientist*



Learning 4 All

**ALL STAFF IN JUNIOR PRIMARY, PRIMARY, MIDDLE AND  
SECONDARY SCHOOLS AND SPECIAL EDUCATION INCLUDING  
LEADERSHIP, SPECIAL EDUCATION AND WELLBEING  
COORDINATORS, COUNSELLORS, CLASSROOM TEACHERS, AND  
SCHOOL ASSISTANTS**

This workshop is intended for all school staff working with students or involved in planning, program or policy development for student wellbeing. The workshop will provide information about: the neuroscience and cognitive psychology underpinning why we do the things we do; behaviour as communication; the difficulties faced when altering behaviour patterns and some helpful strategies; developmental aspects of behaviour, including what changes occur during adolescence.

Learning outcomes for this workshop include:

- a broader understanding of the range of supportive behavioural strategies which can be implemented
- an appreciation for the important role of motivation in behaviour and behaviour change (intrinsic versus extrinsic)
- a better ability to differentiate true conscious behavioural choice and 'unconscious' learned patterns of response
- methods to reinforce and support students who are attempting behavioural changes in their school settings

Certificates will be provided that include reference to the Teacher Standards that apply to this workshop:

- ✓ **Standard 4.1** Support student participation: Establish and implement inclusive and positive interactions to engage and support all students in classroom activities
- ✓ **Standard 4.3** Manage challenging behaviour: Develop and share with colleagues a flexible repertoire of behaviour management strategies using expert knowledge and workplace experience

## ABOUT THE PRESENTER

Dr Donna Nitschke has a long established career in the field of education. This has included teaching at all levels – primary and secondary schools, TAFE and university. She has also worked for several specialist educational organisations, and was a senior project officer for the Ministerial Advisory Committee; Students with Disabilities. Between 2009-2018, Donna designed and implemented a neuroscience-based program across a group of 4 Adelaide state metropolitan primary schools. Donna's PhD explored the effectiveness of her program in supporting students to improve personal learning skills (i.e. executive functions). Her study demonstrated that a weekly targeted 45-minute lesson can lead to measurable improvement in attention skills and self-regulation over a 20-week period.

**DATE:** MONDAY 21 OCTOBER 2019  
**TIME:** 9.00AM - 3.30PM  
**COST:** \$150 GST INC  
**VENUE:** THE HIGHWAY  
290 ANZAC HIGHWAY, PLYMPTON

**REGISTER:** [www.learning4all.com.au](http://www.learning4all.com.au)

*Tea and coffee on arrival, morning tea and lunch provided. Free onsite parking available.*

