

**UNDERSTANDING EXTERNALISING
PSYCHOLOGICAL DISORDERS IN CHILDREN:
Child Mental Health & Well-being in the
Primary Years
WEDNESDAY 14 AUGUST 2019**



**Kirrilie
Smout**

*Child/adolescent
clinical psychologist*



Learning 4 All

**ALL STAFF IN JUNIOR PRIMARY AND PRIMARY SCHOOL INCLUDING
LEADERSHIP, SPECIAL EDUCATION AND WELLBEING
COORDINATORS, COUNSELLORS, CLASSROOM TEACHERS, TRTS,
AND SUPPORT STAFF**

****PLEASE NOTE** This session expands on the “externalising” psychological disorders that were briefly discussed in the 2018 workshop “understanding psychological disorders in children”. Attendance at the 2018 workshop is not required to enjoy the benefits of this workshop

TWILIGHT SESSION 4PM – 6PM

This workshop is intended for all school staff working with students or involved in supporting student wellbeing. **This unique workshop is tailored to provide educators with strategies to take back to the education environment and implement with students. It is interactive with a practical focus.**

Learning outcomes include:

- An understanding of the different types of externalizing disorders in primary years, and their prevalence
- Awareness of the causes and triggers for challenging behaviours and behaviours of concern in primary aged children
- Practical strategies to use to support and coach children who struggle with challenging behaviour/behaviours of concern

Certificates will be provided that include reference to Teacher Standards that apply to this workshop:

- ✓ **Standard 4.1** Support student participation: Establish and implement inclusive and positive interactions to engage and support all students in classroom activities.
- ✓ **Standard 4.3** Manage challenging behaviour: Develop and share with colleagues a flexible repertoire of behaviour management strategies using expert knowledge and workplace experience.

ABOUT THE PRESENTER

Over the last 20 years, Kirrilie has provided individual therapy for over 5000 young people, and has presented seminars for more than 50,000 students, parents and teachers in schools around Australia. She is the director of Developing Minds, a specialist child and adolescent psychology clinic in Adelaide. She has won awards for her speaking work and research, and authored three books about young people.

DATE: WEDNESDAY 14 AUGUST 2019
TIME: 4PM – 6.00PM
COST: \$80 GST INC
**VENUE: THE HIGHWAY
290 ANZAC HIGHWAY, PLYMPTON**

REGISTER: www.learning4all.com.au

Tea and coffee on arrival, afternoon tea provided. Free onsite parking available.

