

SENSORY OVERLOAD IN AUTISM

Understanding the Relationship between Different Sensory Experiences and sensory Overload from a Neuropsychology Perspective

WEDNESDAY 6 MARCH 2019



Bruce Meatheringham

2018 Autism CRC
Future Leaders
Program graduate



Learning 4 All

ALL STAFF IN PRIMARY AND SECONDARY SCHOOLS INCLUDING SCHOOL AND CURRICULUM LEADERS, CLASSROOM TEACHERS, SPECIAL EDUCATION COORDINATORS, COUNSELLORS, WELLBEING COORDINATORS, SCHOOL ASSISTANTS, SCHOOL PSYCHOLOGISTS, AND SCHOOL THERAPISTS SUCH AS OT AND SPEECH THERAPISTS

**TWILIGHT SESSION
4PM – 6PM**

This workshop is ideal for educators who would like to develop a deeper understanding of the sensory aspects of autism in order to help minimise sensory overload and the behavioural consequences that might follow. In this workshop Bruce will cover two aspects of the autism sensory experience. He will provide background information to understand the seven senses, and will present the causal relationships of different sensory experiences in autism.

Learning outcomes for this workshop include:

- An understanding of what sensory experiences causes sensory overload both directly and indirectly
- What is one thing that can be done to help prevent sensory overload?
- What is one thing that can be done to help deal with sensory overload?
- What are the sensory experiences that occur after sensory overload as part of the causal relationships?

Certificates will be provided that include reference to the Teacher Standards that apply to this workshop:

- ✓ **Standard 1.6** Strategies to support full participation of students with disability: Design and implement teaching activities that support the participation and learning of students with disability and address relevant policy and legislative requirements
- ✓ **Standard 4.3** Manage challenging behaviour: Develop and share with colleagues a flexible repertoire of behaviour management strategies using expert knowledge and workplace experience

ABOUT THE PRESENTER

Bruce is a third-year Bachelor Behaviour Science student majoring in Psychology and Neuroscience and recently completed the 2018 Autism CRC Future Leaders Program. Bruce guest lectures on The Causal Relationships of Different Sensory Experiences in Autism at Flinders University in the topic Autism Spectrum Disorders and was also the 2018 guest speaker for the AGM of the Northern Territory Australian Association area special educators. Bruce has extensive experience as an autism advocate and peer mentor, and in 2010 Bruce directed a short film on Synesthesia to help promote awareness of this topic for those on the spectrum, see "Synesthesia (2010) dir. Bruce Meatheringham - MAPS Film School" on Youtube.

DATE: WED 6 MARCH 2019
TIME: 4PM – 6.00PM
COST: \$80
VENUE: THE HIGHWAY
290 ANZAC HIGHWAY, PLYMPTON
REGISTER: www.learning4all.com.au

Tea and coffee on arrival, morning tea and lunch provided. Free onsite parking available.

