

SELF-REGULATION: EFFECTIVE SUPPORTS FOR THE CLASSROOM AND BEYOND

MONDAY 24TH MAY 2021



Dale Heath

Occupational Therapist
Suneden Specialist
School



Learning 4 All

ALL STAFF IN KINDERGARTEN AND PRESCHOOL, JUNIOR PRIMARY, PRIMARY, AND SPECIAL EDUCATION SETTINGS Including leadership, Special Education and wellbeing coordinators, counsellors, classroom teachers and support staff

ALL STAFF IN HIGH SCHOOL ENVIRONMENTS are welcome as the concepts can be adapted for that population, however please be aware that **Secondary settings are not the targeted population for this workshop**

This workshop will focus on developing effective teaching plans to support classroom self-regulation skills. Additional information will be included on how to integrate supports for students who have more difficulty due to social, developmental, or disability related challenges. The workshop will be practical, interactive and adjusted to meet your learning goals.

Learning outcomes for this workshop include:

- Increased understanding of self-regulation skills and expectations
- Confidence in explaining the importance of teaching self-regulation within the curriculum
- Knowledge of practical whole class programming ideas to teach self-regulation
- Hands-on experience trying simple classroom strategies
- Understanding of core adaptations and strategies to support individual students with additional needs

Certificates will be provided that include reference to the Teacher Standards that apply to this workshop:

- ✓ **Standard 3.5** Use effective classroom communication: Use effective verbal and non-verbal communication strategies to support student understanding, participation, engagement and achievement.
- ✓ **Standard 4.1** Support student participation: Establish and implement inclusive and positive interactions to engage and support all students in classroom activities

ABOUT THE PRESENTER

Dale Heath is an Occupational Therapist (OT) at Suneden Specialist School. Her role working as an OT within the school includes integrating self-regulation programming across all ages and abilities of students. Dale has worked as an Occupational Therapist for over 15 years across public, private and NGO agencies including Daphne St Autism Specific Learning & Care Centre and Novita. As an OT she has diverse interests including a focus on relational approaches, developing emotional and sensory regulation, supporting positive planning for challenging behaviours, and promoting team collaboration.

DATE: MONDAY 24TH MAY 2021
TIME: 9.00AM - 3.30PM
COST: \$160 GST INC
VENUE: THE HIGHWAY
290 ANZAC HIGHWAY, PLYMPTON

REGISTER: www.learning4all.com.au

Tea and coffee on arrival, morning tea and lunch provided. Free onsite parking available.

